## THE POWER HIVE



## THE BENEFITS OF A GROWTH MINDSET



- 1 Increased mental and physical health
- 2 Develops greater resilience as challenges are seen as growth opportunities
- The desire to learn encourages a more positive response to constructive feedback
- More adaptable to change
- 5 Employees are better team players and more likely to share knowledge as they don't see others as a threat
- 6 The knowledge base in your company increases
- 7 It increases employee loyalty and makes you more attractive as an employer